

Hello from all of us at Koestler Arts!

Koestler Arts are here each week during lockdown to suggest creative tasks that can be done in-cell. All you need is paper and a pencil - though if you have further materials please use them.

You might want to keep whatever you make or share it with someone. The deadline for the 2020 Koestler Awards has now passed (7 July 2020), however, we are continuing to send out Art Aid sheets as we hope they will continue to inspire you.

If you don't feel like making anything right now, on the back of this sheet is something to read and something to look at from the Koestler back catalogue.

With best wishes from the Koestler Team.

Idea #23: This Might Be Art

We are really excited that the artist Jeremy Deller is going to be judging some of the entries to the 2020 Koestler Awards again. These short tasks have been set by him and the artist Fraser Mugeridge via a past Koestler exhibition venue, Firstsite, Colchester.

They are designed to push the boundaries of what art is so don't take them too seriously!

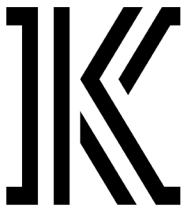
1. Write a poem
in praise of the
t o i l e t r o l l .

3. Write a diary
as if you were an
animal.

2. Make a **cartoon strip** of a dream
you have had.

4. DESIGN 'A
MONUMENT TO
THE **KEY WORKER**'.

5. Draw or make a model of what's going
on inside your BRAIN.



The Tear

From the poetry collection *Loss*
HM Prison Isle of Wight (Albany)
First-Time Entrant Award for Poetry
Collection, 2019

A
drop
of water
salty in taste
cold on warm skin
an unrequested event
a leakage that flows free
a single small silvering trail
that can say so much in its journey
that can pour for both pleasure
and pain the same a natural
occurrence that can cause us
such embarrassment or reveal
a request unspoken yet
we always wipe away
the truthful
TEAR

Image:

Brave Face

HM Prison & Young Offender Institution Exeter
Commended Award for Sculpture, 2019

