

KOESTLER ARTS + ART AID

Hello from all of us at Koestler Arts!

We are all living in strange times with the current pandemic. And we know it's very frustrating not being able to access your usual activities.

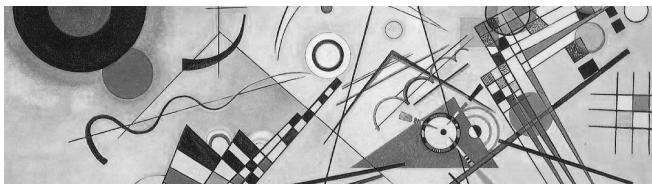
So Koestler Arts are here each week during lockdown to suggest creative ideas - we hope it helps a bit. All you need is paper and pencil - though if you have further materials please use them.

You might want to keep whatever you make or share it with someone. You could also enter it for the Koestler Awards 2020 - the closing date is extended until we are back in the office. If you've entered already, or can't get advice choosing your favourite work, we've increased the maximum number of entries per person to 10 this year. Entry forms should arrive with this sheet. If not, or you need more, please ask Education. You need an entry form for any artwork you send to Koestler. As well as the usual feedback and awards for entrants, we hope to create a small feature of works that mark how we got through this difficult time.

And if you don't feel like making anything right now, on the back of this sheet is something to read and something to look at from the Koestler back catalogue.

With best wishes from the Koestler Team.

Idea #8: How does sound look?



If you were to draw sound, what would it look like?

The image above is by the Russian painter Kandinsky (1866 - 1944). He often 'painted' music in his abstract works, blurring boundaries between different forms of art:

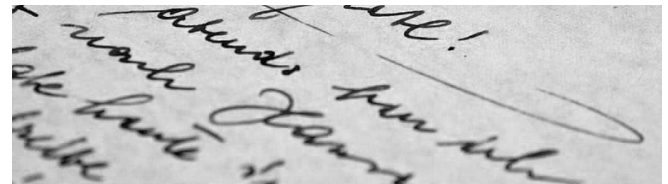
'Colour is the keyboard, the eyes are the harmonies, the soul is the piano with many strings'

Sit quietly and listen to any sounds you hear. Sounds close by and those further away. Try not to judge them as good or bad, just listen.

Begin to make marks on your paper in response to what you hear. Play with the type of lines, the weight of your marks, and colour (if you have it) to show how loud / quiet, how high / low, or what emotions the sounds have. When you feel finished, look at and 'listen' to your composition...

SUGGESTED KOESTLER AWARDS CATEGORIES:
29 - Drawing / 27 - Painting

Idea #9: Pen to Paper



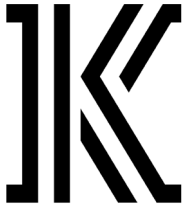
Being in lockdown is encouraging people to find different ways to keep in touch. Writing has never felt more important.

You may already be very familiar with the importance of post and receiving letters and postcards. Here are a couple of activities to choose from that you may not have tried before:

Write a letter to a historical figure: tell them why you have chosen them. What would you like to ask to them about their life and times? What else would you like to tell them?

Words of comfort: write a letter to someone who might need cheering up - someone you know, or a letter to yourself. What words would you choose? Might you include a famous quote? How can you 'listen' to someone in a letter?

SUGGESTED KOESTLER AWARDS CATEGORY:
5 - Non-fiction writing



Sucks to Zuck

All the laws of truth perverting,
Hail to Facebook - most diverting.
Now boring facts bear little weight
Because mere passion is the light
That fortifies a sense of right
And gives all scope to shout their hate.

Let's pile up all the mobile phones,
Together with those dreadful drones
And burn them all - a mighty blaze!
Purge the world of online news
And internet control of views
To free us all from slavish ways.

Take up your pen, some ink, and write
On crisp new paper, pure and white,
Such thoughtful words as thank or greet
All those you love, who will regard
A pers'nal letter, or a card,
As nicer than a bloody tweet!

*HM Prison Parkhurst, 2019
First-Time Entrant Award for Poetry Collection*



Them on That
*HM Prison Dovegate, 2016
Lamb Building Chambers Commended Award*

KOESTLER AWARDS ENTRY FORM

Send a completed form with each entry.
Maximum 10 entries per entrant (previously 5).
See website for new 2020 deadline.

ENTRY

Is this the first time you have entered the Awards?

Yes No

Establishment: (Name of prison, hospital or probation service)

Title of entry:

Artform: (Choose one artform from the 2020 Awards Guidance)

Visual description of entry:

Using your name: (Authorised staff must agree)

If my entry is exhibited or published, I give permission for my first name to appear alongside it. Yes No

Sales of visual artwork: (Tick one choice only)

- My entry is for sale. The lowest amount I'd be willing to receive is £ (maximum £250)
- My entry is not for sale.
- I donate my entry to Koestler Arts.

ENTRANT (For groups – see the next page)

First name of entrant:

Last name of entrant:

Date of birth:

Prison or hospital number:

Signature of entrant:

For Koestler Arts staff			
K. No.	Artform	Supp. docs	No. of items
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

AUTHORISED MEMBER OF STAFF

Full name:

Job title:

Department:

Telephone number:

Email:

Probation area: (For CRCs only)

Can the entrant's first name be made public?

Yes No

Can the entry be sold? (Visual arts only)

Yes No

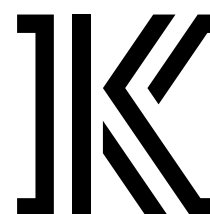
Who should any cheques be payable to?

I confirm that this entry is the entrant's own original work.

Signature of staff: (Entries can't be accepted without staff sign-off)

Date:

Turn for page 2 →



Unlock the talent inside

GROUP ENTRIES ONLY — TELL US ABOUT YOUR GROUP

Name of group:

Number of people excl. staff:



First name:	Last name:	Date of birth:	Prison or hospital number:	Release date if in 2020, and home address:
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
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Continue on a separate sheet if needed. If there are over 4 people in the group cheques will not be split.

ENTRANTS WHO ARE IN THE COMMUNITY OR DUE FOR RELEASE IN 2020

Please notify us if these details change

Date of release:

Home address:

Postcode:

Telephone number:

Email:

ASSOCIATES PROGRAMME

Associates benefit from more contact with us, through the Koestler Associates newsletter.
I would like to be part of the Associates Programme.

REMINDERS

Entrants agree to the terms and conditions in the 2020 Awards Guidance. These are available on our website, from your establishment, or you can write to us to request a copy.

- ✓ Information submitted on this form will be held on the Koestler Arts secure and confidential database.
- ✓ All work is handled with care, but Koestler Arts and its agents accept no liability for loss or damage to entries.
- ✓ Pack your work carefully. It must be under 15kg.
- ✓ Koestler Arts and its agents can exhibit, publish, and reproduce artworks in reasonable ways in print, online, film, audio etc to promote the charity’s work. Artists retain copyright of their work.
- ✓ Koestler Arts can try to sell visual entries, if we have both your permission and that of the ‘authorised member of staff.’ Most work sells for under £100.
- ✓ Non-visual entries will not be returned to you. These include writing, performance, audio, film and animation entries – so please make copies.

MONITORING FOR DIVERSITY OPTIONAL

This anonymised data will not be used to judge your work. It is for research and monitoring purposes only.

Ethnic group	Mixed White & Asian
Asian/Asian British:	Mixed White & Black African
Bangladeshi	Mixed White & Black Caribbean
Asian/Asian British: Indian	Any other Mixed background
Asian/Asian British: Pakistani	White British
Any other Asian background	Any other White background
Black/Black British: African	Any other group:
Black/Black British: Caribbean	<input type="text"/>
Any other Black background	
Chinese	
Irish Traveller/Gypsy	

Formal education completed
No formal qualifications
Basic skills level 1
Basic skills level 2
GCSEs or A Levels
Vocational training
Degree or post-graduate
I am:
Ex-armed forces personnel
A care leaver

Gender	Religion
Male	Atheist
Female	Buddhist
Transgender	Christian
Non-binary	Hindu
Age	Jewish
Under 16	Muslim
16-17	Sikh
18	Other
19-24	<input type="text"/>
25-29	
30-59	Registered disabled?
60 and over	Yes No