

2017 Koestler Trust exhibition at Southbank Centre
Inside
curated by Antony Gormley

As well as encouraging participation in the arts, we aim to get your artwork appreciated by the public through our annual UK exhibition at Southbank Centre, London and other exhibitions around the UK. Each year we aim to bring new audiences and perspectives to these. In recent years we've invited a diverse range of people and groups to curate the exhibitions - women prisoners, young people, victims of crime and magistrates, as well as artist Sarah Lucas, musician Speech Debelle, and writer and dub poet Benjamin Zephaniah.

This year's UK Koestler exhibition at Southbank Centre show will be curated by artist Antony Gormley. After visiting different prisons and making a call for ideas in *Inside Time* Antony has chosen a theme for this year's show –

'Inside'

The theme will shape his selection of work for the exhibition across all Koestler Awards artforms: from Painting to Poetry, Matchstick Models to Computer Generated Music and Film.

“INSIDE’ is the title and theme of the Koestler exhibition for 2017.

I want to celebrate this great resource: the imaginations of the 85,000 prisoners currently in UK prisons and those in secure establishments. Art is a place in which you can do what you like; it need not be for or about anyone else but the artist. In the words of a prisoner, ‘in our minds we can always be free’.

The future has always evolved from exploration. Firstly, by those who discovered the remote parts of this planet, then by astronauts who explored the moon and the possibility of human life migrating to other planets. This looks unlikely, so perhaps the ‘psychonaut’ – or explorer of the mind – is the explorer of the 21st century.

This show gives you the opportunity to communicate passionately expressed inner truth with the outside world.

Please contribute to the exhibition ‘INSIDE’ and share the thoughts and feelings you have buried deep inside. I am not so interested in works of high technical ability but in the truth you find when you look inwards.

The works can be about your situation now, a cherished dream or a terrible nightmare. Dark or bright, hopeful or despairing, strong or fragile, large or small and in any medium – from a small piece of paper to a sound work, from drawing to model making, film to calligraphic poetry – please help make this exhibition a bold testament to what is happening inside of you.”

Antony Gormley

Antony wants you to think about what the theme means to you and for you to interpret it in a piece of visual artwork, music, performance or writing. He has designed the exercises below as places from which to explore the theme.

“Your body is locked up but inside your head you are free. In the 2017 exhibition I want to show artwork that says something about how you feel. Technical ability is less important than truth and directness.

You can make the work out of *anything*, especially now that so many of you are having to work in your cells: pencil on paper, stitched cloth, carved soap, modelled bread, cardboard and sticky tape – anything. It can be a poem, drawing, song, performance, painting, story – anything.

- Try to make work from deep memory. Where have you felt free, happy, terrified? Draw or make that place.
- Who do you love? Recreate what or how they are lovable. Who terrifies you? Draw that person. Not how they look but how they feel.
- Draw or describe your remembered home or where you have felt most at home, where you want to go when you leave.
- Draw, make or describe the things that give you hope.
- Make an image of your best friend.
- Design or make a map of a country or city in which people could reach their own potential.
- Make or describe an internal organ, like (but not actually) a heart or liver that feels the way you feel.
- Design or make a house in which you could feel alive, alert, aware and productive.
- Make, draw or describe the animal that you have learned to understand.
- Make a list of your hopes and fears.
- Paint a sheet of A4 paper in a colour that makes you calm.
- Draw with one hand what the other hand is feeling its way around: a face, a fruit, a glass, a window etc.
- Draw a map of your body from the inside. Close your eyes to send your concentration inside and see where *there* is. Is there pain or pressure, space or density? If there is no information coming stay in those areas until it does.

I want your art to say something to all of us outside about what it feels like to be you, inside.”

Antony Gormley

From the thousands of works that you submit Antony is going to choose an exhibition that attempts to say something to people outside about you and your experience inside. He is looking for work that expresses your thoughts and feelings and he wants to use your work to challenge and change the minds of visitors. From what he has seen and heard while researching his involvement with the Trust, he believes that it is more important than ever for the world to hear from you.

In this pack you'll find some background information on Antony and examples of his work. It may inspire you to explore your ideas in different ways, but please don't feel you should copy it.



We Are All Human, Koestler UK Exhibition curated by Benjamin Zephaniah, 2016 London's Southbank Centre

National awards and exhibitions process 2017 at a glance

From...	UK awards	UK exhibition
now until 14 April	Get your artwork in to the 2017 Koestler Awards. We have 52 distinct artforms including visual arts, music and writing. Antony's theme is across all of these categories	
May – August		Antony Gormley selecting work and planning the 2017 UK exhibition at Southbank Centre.
June – July	Experts in each artform will come to the Koestler arts centre, category by category to choose award winners, and give feedback.	
August		We'll know which works Antony has selected. We'll then write to let you know if your work has been selected for the 2017 UK exhibition.
	The winners of the 2017 Awards will be posted on our website.	
September October – December	Artwork not selected for exhibition can be sold at pop up shop at Southbank Centre. 2017 Awards certificates and awards money sent out.	

On top of this we're continuing to develop exhibitions around the UK with various curators. Details will be published at a later date.

Antony Gormley, Biography



Antony Gormley is famous for his sculptures, installations and public artworks that investigate the relationship of the human body to space. His work has developed the potential opened up by sculpture since the 1960s through a critical engagement with both his own body and those of others in a way that confronts fundamental questions of where human beings stand in relation to nature and the cosmos. Gormley continually tries to identify the space of art as a place of becoming in which new behaviours, thoughts and feelings can arise.

Antony's work has been widely exhibited throughout the UK and internationally with exhibitions at Forte di Belvedere, Florence (2015); Zentrum Paul Klee, Bern (2014); Centro Cultural Banco do Brasil, São Paulo, Rio de Janeiro and Brasilia (2012); Deichtorhallen, Hamburg (2012); The State Hermitage Museum, St Petersburg (2011); Kunsthaus Bregenz, Austria (2010); Hayward Gallery, London (2007); Malmö Konsthall, Sweden (1993) and Louisiana Museum of Modern Art, Humlebæk, Denmark (1989). He has also participated in major group shows such as the Venice Biennale (1982 and 1986) and Documenta 8, Kassel, Germany (1987).

Antony was awarded the Turner Prize in 1994. In 1997 he was made an Officer of the British Empire (OBE) and was made a knight in the New Year's Honours list in 2014.

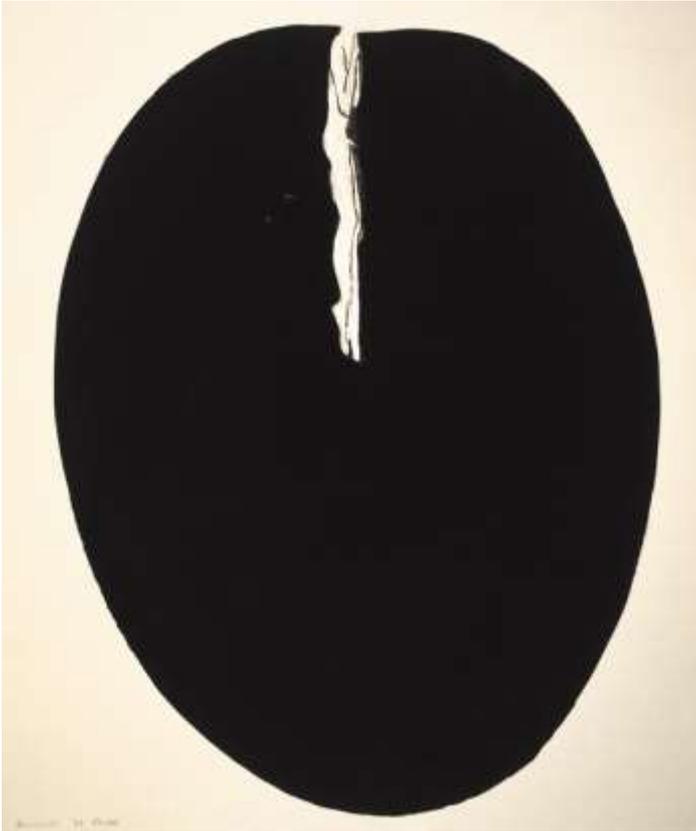
Antony was born in London in 1950.



'Angel of the North (Gateshead)', 1998. Photograph by Jerry Hardman Jones



Broken Glass Open Sky Model, 1994, glass and lead, 36.3 x 27 x 0.5 cm



(l-r) 'Germinal', 1982, black pigment, linseed oil and charcoal on paper, 84.2 x 56.4cm

'Room', 1987, black pigment, linseed oil and charcoal on paper, 38 x 28cm

'Grid', 2008, carbon and casein on paper, 19 x 28cm



'Learning To Think', 1991, Lead, fibreglass and air. Installation view, Old Jail, Charleston, USA

'Blind Light', 2007, Fluorescent light, water, ultrasonic humidifiers, toughened low iron glass and aluminium. Installation view, Hayward Gallery, London. Photograph by Stephen White



'Future', 1988, charcoal and linseed oil on paper, 28cm x 38cm

'Fall II', 1999, shellac, varnish and oil paint on paper, 38cm x 28cm



'Sense', 1991, concrete, 74.5 x 62.5 x 60cm

'Body and Soul VI', 1990, etching on paper, 50 x 58.1cm



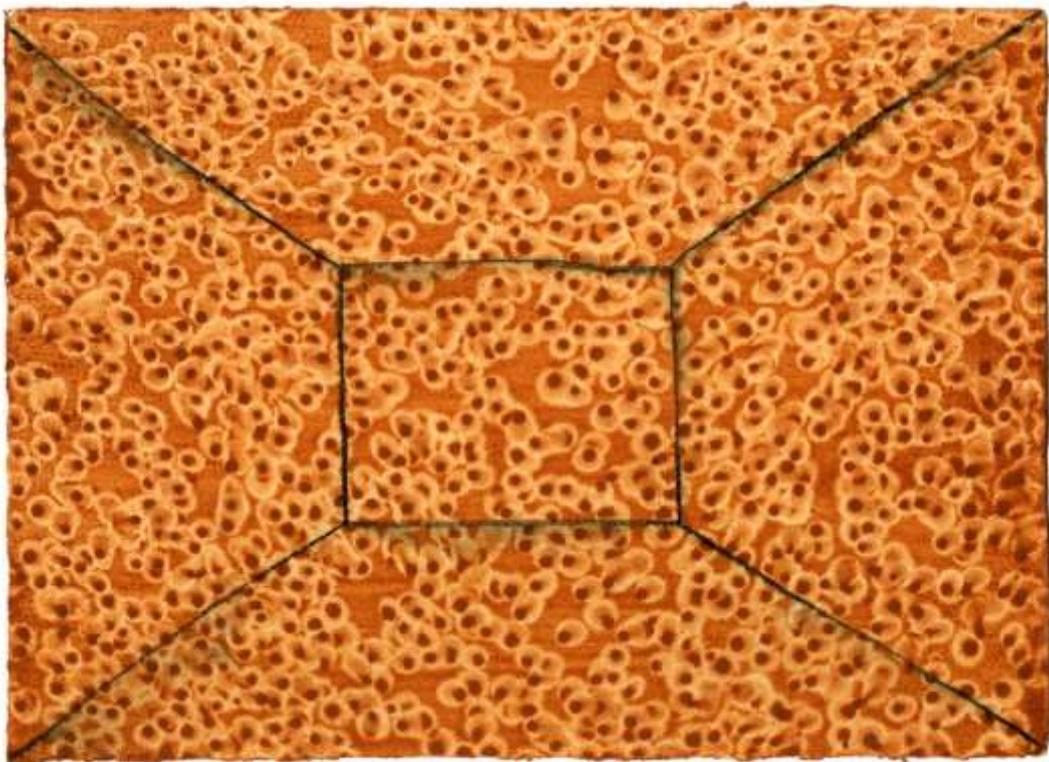
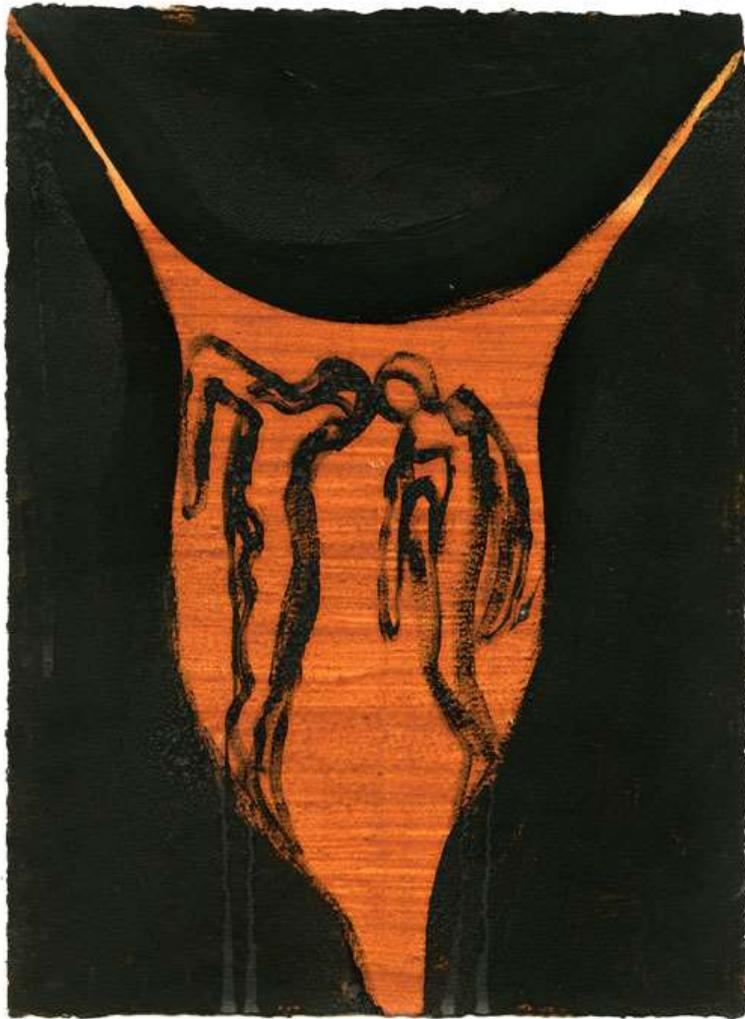
'Hypertrophy', 1998, soya oil, shellac, oil and pigment on paper, 38 x 28cm

'Over The Earth', 1989, rabbit skin glue, earth, black pigment and oil on paper



'Another Place', 1997, cast iron, 100 figures each 189 x 53 x 29cm. Installation view Cuxhaven, Germany. Photograph by Helmut Kunde

'Event Horizon', 2007, 27 fibreglass and 4 cast iron figures each 189 x 53 x 29 cm. Installation view, New York, U.S.A. Photograph by James Ewing



'Two Persons Reluctant to be Born', 1989, rabbit skin glue, earth, oil and black pigment on paper, 38 x 28cm

'Seeds in Space', 1992, earth, rabbit skin glue and charcoal on paper, 28 x 38cm



'Venture', 1983, carbon on paper, 77.5 x 56cm

All images © the artist